

LIGHT BITES

Soup of the day **V** 7.95 Sourdough.

Scan our QR code to see the calorie information of our soups

Served with your choice of fries 387kcal or dressed rocket salad 32kcal

Sausage roll 6.95 Caramelised onion chutney. *735kcal* Cheese & spinach puff pastry parcel ♥ 6.95 282kcal Scotch egg 6.95 Piccalilli. 536kcal

FRESHLY PREPARED SALADS

Caesar salad V 9.60

Gem lettuce, sourdough croutons, cheese, egg and Caesar dressing. 932kcal Add pulled roast chicken. 115kcal 2.00

Duck salad 10.45

Pulled duck, hoisin, sov, sesame. 288kcal

WRAPS & TOASTIES

Served with your choice of fries 387kcal or dressed rocket salad 32kcal

Prawn Marie Rose wrap 679kcal 9.45

Roasted veggie & pesto wrap V 599kcal 8.95

Ham & cheese toastie 9.45 Wholegrain mustard. White 748kcal, Brown 726kcal

Double cheese & tomato toastie © 9.45 Cheddar, mozzarella, tomato chutney. White 669kcal, Brown 673kcal

— F R I E S —

Skin on fries © © 4.40 Loaded cheesy fries © 5.40 403kcal 854kcal

CAKES & TRAY BAKES

Please ask your host for today's selection of delicious baked goods. Starting from **3.70**

SANDWICHES & PLATTERS

Crispy fish fingers on grilled ciabatta 9.75

Pea & mint mayonaise, pickled cucumber, gem letuice. 880kcal

Avocado on ciabatta 🔮 9.75
Asparagus, pine nuts, pumpkin seeds, roasted tomato chutney. 470kcal

Open steak sandwich 10.95 Grilled ciabatta, roasted tomato chutney, mustard mayonnaise. 554kcal

Fisherman's catch 19.95

(Serves two)

Smoked salmon, potted crab, smoked mackerel, prawn & avocado salad, sourdough bread. 2,075kcal

Ploughman's platter 16.95

(Serves two)

Sliced ham, pickled onion, golden beetroot piccalilli, mature Cheddar cheese, apple, pulled ham & pea terrine, mini pork pie, sourdough bread. 1,613kcal

Please note a discretionary service charge of 10% will be added to your bill. 100% of all gratuities are passed directly to the team members.

Food allergy or intolerance?

Adults need around 2,000kcal a day

We take great care to prevent cross-contamination when preparing your food, however, please be aware that all our dishes are prepared in kitchens where all known allergens are present and there is also risk of allergen cross contamination through shared coding equipment e.g. fryers. As we use other foods containing gluten in our kitchens we cannot declare or guarantee that any of our dishes are gluten free. Our menu descriptions do not list all ingredients, please advise the team of any dietary requirements when ordering. If you have a food allergy or intolerance, or just want more detail about the ingredients in our food and drinks including calories – please let our team know or scan the QR code to find out more. Calorie information provided for filter tea and coffee doesn't include milk, please refer to hot drinks section for calorie information. "Calorie information includes semi ksimmed milk. 832 BREAFAST RUN 2024

