



Market Kitchen Menu



Food allergy or intolerance?

We take great care to prevent cross-contamination when preparing your food, however, please be aware that all our dishes are prepared in kitchens where all known allergens are present and there is also risk of allergen cross contamination through shared cooking equipment e.g. fryers. As we use other foods containing gluten in our kitchens we cannot declare or guarantee that any of our dishes are gluten free. Our menu descriptions do not list all ingredients, please advise the team of any dietary requirements when ordering. If you have a food allergy or intolerance, or just want more detail about the ingredients in our food and drinks including calories – please let our team know or scan the QR code to find out more. MK EVENING WORLD LIT 2024

Adults need around 2,000kcal per day

STARTERS

Hot pork pie with apple & black pudding

Pork crackling & mustard sauce.
682kcal

Breaded cod cheeks

Tartare sauce, fresh lemon.
499kcal

Roasted vegetable soup V

Warm onion loaf.
353 kcal

Pea & mint falafels V Ve

Natural coconut sauce, cucumber salad,
crispy chickpeas, pickled onion & watercress.
247kcal

Garlic portobello mushroom pâté V

Pickled mushrooms, roasted tomato
chutney, pumpkin seed & pine nuts,
toasted sourdough.
345kcal

THE DELI

Step up to the deli buffet for a vibrant haven of delights. Explore an array of colourful salads, cold meats & fish, freshly baked breads & freshly prepared quiches, crafted with care.

MAINS

ROAST

Treacle-glazed gammon

499kcal

Roasted pineapple Ve 25kcal

Served with a selection of vegetables and potatoes.



CATCH OF THE DAY

Buttered potatoes, seasonal vegetables and white wine cream sauce.

Please ask your server for further details.



TASTES OF THE WORLD

Crispy Chimichurri cauliflower V Ve

Spiced orange couscous, cashew nuts, Chimichurri dressing.
746kcal

Meatball, olive & apricot tagine

Pine nuts, pomegranate, yoghurt, spiced orange couscous.
627kcal

Mexican style chilli chicken

Pomegranate seeds, spring onion, coriander, orange & chilli sauce, boiled rice.
518kcal

Tamarind crispy squid

Boiled rice, roasted peppers, tamarind & sweet chilli dip.
840kcal

Scan our QR code to see the calorie information of our accompaniments.