



LUNCH

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11.30am until 5pm

Lighter Bites perfect for an afternoon nibble or to share with friends

Chef's soup of the day 7.95

Olive & rosemary bread stick.
Scan our QR code to see the calorie information of our soups.

Garlic mushrooms 6.50

Grilled portobello mushrooms, garlic oil, roasted tomato chutney, pine nuts. 228kcal

Whipped goats cheese 7.50

Honey, toasted almonds, fig chutney, baked ciabatta. 879kcal

Crispy fried calamari 6.95

Garlic mayonnaise. & lime. 559kcal

Half pint of shell-on prawns 8.95

Marie Rose dip, cucumber salad. 484kcal

Potted Ham Hock 8.50

Parsley butter, warm cheese scone. 711kcal

Smoked salmon 8.50

Dill & crème fraîche potatoes, pickled cucumber & fennel. 168kcal

Chorizo & halloumi skewers 8.50

Tomato salsa, zesty yoghurt. 877kcal

Sandwiches & toasties on crusty baked bread

served with fries (387kcal) or dressed rocket salad (32kcal)

Ham & cheese toastie 9.25

Wholegrain mustard. 979kcal

Bacon & brie toastie 9.50

Onion chutney. 746kcal

Three cheese & tomato toastie 9.25

Cheddar, red Leicester, Stilton. 661kcal

Cheese Ploughman's ciabatta 8.95

Roasted tomato chutney. 1,023kcal

Wraps deep & freshly filled

served with fries (387kcal) or dressed rocket salad (32kcal)

Prawn Marie Rose wrap 9.25

784kcal

Roasted veggie & pesto wrap 8.95

606kcal

Loaded Ciabatta toasted on our chargrill

served with fries (387kcal) or dressed rocket salad (32kcal)

Grilled open steak sandwich 10.95

Rump steak, grilled ciabatta, roasted tomato chutney, mustard mayonnaise, pea shoots. 685kcal

Smashed avocado open sandwich 9.25

Asparagus, pine nuts, pumpkin seeds, roasted tomato chutney. 394kcal

Crispy fish finger open sandwich 9.50

Pea & mint mayonnaise, pickled cucumber & gem lettuce. 870kcal

Salads full of vibrant flavours

Honey & mustard chicken salad 9.75

Pulled roast chicken, house salad, grilled tenderstem, radish, red peppers, crispy onions, chives, honey & mustard dressing. 453kcal

Caesar salad 9.50

Gem lettuce, Sourdough croutons, cheese, egg & Caesar dressing. 950kcal
Add pulled roast chicken 1.95 115kcal

Duck salad 10.25

Pulled duck, hoisin, soy, sesame. 288kcal

Fries light & loaded

Skin on fries 4.25

Sea salt. 387kcal

Loaded cheesy fries 5.25

858kcal

Desserts go on, treat yourself...

White chocolate chip cookie sundae 7.25

Banana, toffee sauce, salted caramel ice cream. 872kcal

Warm dark chocolate brownie 7.25

Mixed berry compote, plant based vanilla ice cream. 449kcal

Ice cream sundae 5.95

Served with chocolate sauce, Cadbury's 99 flake™, strawberry. Vanilla 228kcal | Chocolate 341kcal Strawberry 288kcal

Grilled pineapple 7.25

Lime zest, mango & coconut sauce, roasted hazelnuts. 525kcal

Plant based ice cream 5.95

Salted caramel 240kcal Vanilla 237kcal

Sorbets 5.95

Lemon 116kcal Mango 134kcal



From hearty pies and classic British dishes to flavourful favourites from the grill, **The Travelling Duke** is home to impeccably cooked food and warm hospitality in relaxed surroundings.

Speciality Hot Drinks

Scan our QR code to see the calorie information of our tea range.

Americano 3.95
1kcal

Macchiato 3.35
12kcal

Latte 4.25
106kcal

Hot chocolate 4.50
208kcal

Cappuccino 4.25
87kcal

Espresso 3.75
1kcal

Deluxe hot chocolate 4.75
Topped with whipped cream and a chocolate flake. 243kcal

Speciality teas 3.25

English Breakfast 0kcal
Earl Grey 7kcal
Mint 7kcal

Add any flavour coffee syrup for 50p. **Caramel** 59kcal | **Hazelnut** 59kcal | **Vanilla** 59kcal
Milk alternatives **Almond** 31kcal | **Coconut** 79kcal | **Soya** 79kcal | **Oat** 110kcal

Many other flavours available, please ask your Host.

V Suitable for vegetarians **Ve Suitable for vegans**

Adults need around 2,000kcal a day

For more information about the presence of allergens in all our food or drink, please ask a member of our team every time before ordering even if you have dined with us before as our food or drink ingredients and specifications can change. Full allergen information on the ingredients in the food or drink we serve is available via QR code on menu. Packaged products (i.e. sauce sachets and bottles, juices, water) are not covered in this allergen guide, allergen information for these products is printed on the packaging. We take great care to prevent cross-contamination when preparing your food and drink, however, please be aware that all our dishes are prepared in kitchens and bars where all known allergens are present and there is also risk of allergen cross contamination through shared cooking equipment e.g. fryers. Therefore, we cannot guarantee that any food item is completely free from allergens. If you would like further information on our cooking methods, please ask. As we use other foods containing gluten in our kitchens and bars we cannot declare or guarantee that any of our dishes are gluten free. Our menu descriptions do not list all ingredients, please advise the team of any dietary requirements when ordering. Our staff cannot offer specific advice or recommendations beyond our published allergen communications. TD_LUNCH_2024

FOOD ALLERGY OR INTOLERANCE?

If you have a food allergy or intolerance, or just want more detail about the ingredients in our food and drinks including calories – please let our team know or scan the QR code to find out more.

